### Informed Consent for Telemedicine/Telehealth Services

Patient Name	Date of birth
Location of patient	
Physician/therapist name	Location
Consultant name	Location

#### **Introduction:**

Telemedicine/telehealth involves the use of electronic communication to enable healthcare providers at different locations to share individual patient medical information for the purpose of improving patient care. The information may be used for diagnosis, therapy, follow-up and/or education, and may include any of the following:

- Patient medical records
- Laboratory tests
- Live two-way audio and video

#### **Expected benefits:**

- Improved access to medical care, psychiatric services, psychotherapy, and/or counseling.
- More efficient medical evaluation and management.
- Obtaining expertise of a distant specialist.

#### **Possible risks:**

As with any medical procedure, there are potential risks associated with the use of telemedicine/telehealth services. These risks include, but may not be limited to:

- Delays in medical evaluation and treatment could occur due to deficiencies or failures of the equipment.
- In very rare instances, security protocols could fail, causing a breach of privacy of personal medical information.
- In rare cases, a lack of access to complete medical records may result in adverse drug interactions or allergic reactions or other judgment errors.

Please initial after reading this page:	
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#### By signing this form, I understand the following:

- 1. I understand that the laws that protect privacy and the confidentiality of medical information also apply to telemedicine/telehealth services, and that no information obtained in the use of telemedicine/telehealth services which identifies me will disclosed to other entities without my consent.
- 2. I understand that I have the rights to withhold or withdraw my consent to the use of telemedicine/telehealth in the course of my care at any time, without affecting my right to future care or treatment.
- 3. I understand that I have the right to inspect all information obtained and recorded in the course of a telemedicine/telehealth interaction, and may receive copies of this information for a reasonable fee.
- 4. I understand that a variety of alternative methods of medical/health care may be available to me, and that I may choose one or more of these at any time. My doctor/therapist has explained the alternatives to my satisfaction.
- 5. I understand that I may expect the anticipated benefits from the use of telehealth in my care, but that no results can be guaranteed or assured.
- 6. I understand that insurance coverage of telehealth sessions may differ based on my insurance plan. It is in my best interest to check with my insurance company regarding the coverage.
- 7. I understand that I am fully responsible for co-payments and deductible amounts, and that I am fully responsible to pay the provider if telehealth/telemedicine sessions are not covered by my insurance company.

#### Patient Consent to the Use of Telehealth/Telemedicine Services

I have read and understand the information provided above regarding telehealth/telemedicine services, have discussed it with my physician/therapist, and all of my questions have been answered to my satisfaction. I hereby give consent for the use of telehealth/telemedicine services in my care.

I hereby authorize Muhammad Nadeem Shamsi P.C. to use telehealth/telemedicine services in the course of my diagnosis and treatment.

	Date:
f authorized signer, relationship	o to patient:

## M. Nadeem Shamsi, P.C. 1000 Germantown Pike, Suit H-4, Plymouth Meeting, PA 19462

# REGISTRATION FORM (Please Print)

Today's Date:			Primary Care Provider:										
			PATI	ENT INI	FORMA	TION	1						
Patient's Last name: First: M			Middle:	,	□ Mr. □ Mrs.	□ Mis	SS	Marital st □ Single		□ Di	v □ Se	p □ Wid	
Social Security #: Maiden			Maiden n	ame:	Birth date: Age:			Age:		Sex		□ F	
Street Address:			P.O. box:		City & St	tate:	,		ZIP C	ode:			
Home Phone #: Alternate phone #:				Emergency contact:			Emergency contact #:						
Occupation:			Employe	r:					Empl	oyer	phone	· #:	
Referral Source:					Email:								
		(Plas		ANCE II				niet)					
Person responsible f	or bill:	Birth dat			(if differe		ерио	inst)	Home	e pho	ne #:		
Occupation:		Employe	r:	Employer	r address:				Employer phone #:				
Is this patient covere	d by insur	ance?	Yes □ No	)				J					
Please indicate prima	ary insura	nce:						,					
Subscriber's Name:	Subscribe no:	er's S.S.	Birth dat	e:	Group n	0.:		Policy no.	:		Co-pa	nyment:	
Patient's relationship subscriber:	o to	□ Self		□ Spouse			Child			<b>0</b>	ther		
Name of secondary (applicable):	if	Subscrib	er's name:		Group #	:			Policy	y #:			
Patient's relationship subscriber:	o to	□ Self		□ Spouse			Child			<b>0</b>	ther		
The above inform directly to the phy authorize Dr. Sha	ysician. ımsi or i	I unders nsurance	tand that	t I am fina	ancially	respo	nsib natio	ole for an	y bala	nce	. I al	so	3.
Patient/Guardian	signatu	re					$\boldsymbol{D}$	ate					

In an effort to ensure our patients are compliant with their treatment plan, we have instituted a policy of drug testing in accordance with the most recent medical literature on this subject. All patients receiving prescriptions will be subject to random drug screening. Failure or refusal to produce a sample at the time requested will disqualify you from receiving further prescriptions from this practice. We send all of our samples to a certified laboratory for confirmation. If results are inconsistent with your treatment plan at any time, we reserve the right to discontinue treatment. It is your responsibility to take your medications as prescribed. Inconsistent results include the presence of illicit substances, the presence of medications not prescribed to you or the absence of medications prescribed. Do not try to manipulate the test. Current drug testing methods are very sophisticated and measure the prescribed medications as well as metabolites. The laboratory will be able to differentiate between samples that are consistent with treatment plans and samples that have been tampered with. Any confusing results will be interpreted as inconsistent. If you are taking your medication as prescribed, there should not be any confusion in the results.

We understand there is a cost associated with testing. Unfortunately this is now a necessary part of therapy. While most insurance plans cover much of the cost of testing, it is your responsibility to pay the costs not covered by insurance.

We understand that some of our patients are elderly or incapacitated and obtaining a sample can be inconvenient. Unfortunately, we cannot and do not discriminate on the basis of age, sex, race, nationality, religious or sexual orientation and all patients will be subject to this policy. The intent of this policy is to protect the patient, the physician, the therapy and society.

Remember the use of these potent prescriptions is a privilege. As a patient it is your responsibility to use your medication as prescribed. It is unlawful to sell or give your medication away. It is your responsibility to keep your medicine secured and away from children or others who may misuse or divert it. This policy may be amended in accordance with new medical findings or legislature mandates.

The following are a few terms that you should be familiar with that will cause you to be disqualified from receiving prescriptions from this practice.

Abuse - The willful misuse of medications, for example, to get high.

Overuse - Taking more medication than prescribed.

Diversion - Unlawful channeling of regulated pharmaceuticals from legal sources to the illicit market.

Illicit - Not legal or lawful; illegal

Patient Signature: _	 Date: _	
Print Name:		

# M. Nadeem Shamsi, P.C.

# 1000 Germantown Pike, Suit H-4, Plymouth Meeting, PA 19462 Phone 610-275-0345 Fax 610-275-0346

#### **INFORMED CONSENT FOR MEDICATION**

Name:	Date:	MR#
Your psychiatrist ha health symptoms. P indicates that you ha	s recommended the use of lease read the following st	f medication to address your mental atement. Your signature below have had the opportunity to discuss
the advantages, disa	-	nedication. I have been informed of d alternatives to this medication. I etly voluntary.
		oposed treatment with my psychiatrisstions answered to my satisfaction.
_	my psychiatrist believes t a guarantee of its effective	hat this medication is likely to help meeness.
-	all medicine come with a redictable and potentially	risk of side effects and some side harmful or deadly.
efforts should be ma become pregnant wl immediately to discr	de to avoid pregnancy du nile on medicine, I unders ass the potential risks to n	verse effect on pregnancy and that all ring medication treatment. Should l tand I must contact my psychiatrist nyself, the pregnancy and the baby. informed that you have been on
		or or contact the office staff if there are ny condition which may be related to
selective for its use a actions, precautions	s an educational aid and o	nation available through this office is does not cover all the possible uses, ns with this medication. It is not blems.
for possible negative is my responsibility	e effects on major organ sy	k to monitor blood levels or / to screen estems of the body. Once ordered it ng the ordered blood work complete. ok for harm.
		psychiatrist working in coordination linically indicates if Dr. Shamsi is not
Psychiatrist Signatu		atient and/or Parent Signature for minor.

#### **Informed Consent to treatment**

I have voluntarily chosen to receive treatment with Dr. Shamsi or contractors (Provider), in a good therapeutic relationship. It is considered my right as well my duty to ask any questions and fully discuss the risks and benefits of any proposed treatment. It should also include the risks & benefits of any alternate treatment/or no treatment.

Pt/REP Signature:	Date:
Pt Name:	
Acceptance of Fina	ncial Responsibility:
services. There is a \$5 charge for late	t the time is reserved in advance. If
Pt/REP Signature:	Date:
Pt Name:	
Medical Recor	rds Release etc.
I understand that the confider and release of information will be or Exceptions to confidentiality are as f may require reports of cases of child b) if there is danger to self or others	follows: a) local and state law l/minor/elderly abuse or neglect;
I understand that all records posterior to the released to my insurance companies of the purposes, quality manageme	
Pt Signature:	Date:
Pt Name:	
Guardian's Signature: Guardian's Name:	

DUE TO THE NEW FEDERAL PATIENT CONFIDENTIALITY LAWS (HIPAA) OUR OFFICE WILL NEED YOUR PERMISSION TO DO THE FOLLOWING: CIRCLE ONE AND THEN INITIAL.

CONFIRM APPOINTMENTS	S YES	NO
LEAVE MESSAGES WITH		
ANYONE OR ON RECORDE	R YES	NO
LEAVE LAB RESULTS WIT	Н	
ANYONE OR ON RECORDE	R YES	NO
BY SIGNING THE ABOVE I GIVING DR. SHAMSI AND THE ABOVE.		
	DATE	
	PATIENT NAME	,
	GUARDIAN SIG	N
	PATIENT SIGNA	ATURE
	STAFF WITNESS	S

### Authorization to disclose or obtain confidential client information

I hereby authorize MUHAMMAD NADEEM SHAMSI P.C. to disclose / obtain protected medical information as described below from the records of:

Patient's Last Name:	First:	M. Initial:
Address:		
Date of birth:	Telephone Number:	
	anization disclosure is being made to/obtain	
Address:		_ Telephone#
		Fax #:
<b>Reason for Disclosure/Obtaining Infor</b> I understand that:	rmation:Coordination of care	
<ul> <li>revoking it will only prevent</li> <li>Information (except drug subject to re- disclosure be multiple of the management of the ma</li></ul>	and alcohol information) disclosure purs by the individual /organization identified I SHAMSI P.C. and its designee are for disclosure of the specified information clude Mental Health, Drug & Alcohol Abus	suant to this authorization may be hereby released from any lega
*****Check in box next to information		
Financial Information  Madical Diagraphia (treatment	Medication Information	
Medical Diagnosis/treatment	Mental Health Diagnosis	+ Dlama
Laboratory Record Psychiatric Evaluation	Progress Notes/Treatmen	t Plans
Psychiatric Evaluation	Psychotherapy notes (Transport from the	- 1)
Authorization: Start Date	(Two years from t End Date	•
Signature of Client/Personal Representa	tive: Da	ate
Guardian Signature	Date	
Signature of Witness	Date	

# **HIPAA Notice of Privacy Practices**

Revised 2013

Effective as of April/14/2003 Revised March/26/2013

## M. N. Shamsi PC 1000 Germantown Pike Unit H-4 Plymouth Meeting, PA 19462

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy Practices is NOT an authorization. This Notice of Privacy Practices describes how we, our Business Associates and their subcontractors, may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected Health Information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health condition and related health care services.

#### USES AND DISCLOSURES OF PROTECTED HEALTH INFORMATION

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of the physician's practice, and any other use required by law.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment**: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may use or disclose, as-needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment, employee review, training of medical students, licensing, a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment, and inform you about treatment alternatives or other health-related benefits and services that may be of interest to you. You may also choose to opt back in.

We may use or disclose your protected health information in the following situations without your authorization. These situations include: as required by law, public health issues as required by law, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, organ donation, research, criminal activity, military activity and national security, workers' compensation, inmates, and other required uses and disclosures. Under the law, we must make disclosures to you upon your request. Under the law, we must also disclose your protected health information when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements under Section 164.500.

Provided By HCSI - Revised March 2013

#### USES AND DISCLOSURES THAT REQUIRE YOUR AUTHORIZATION

Other Permitted and Required Uses and Disclosures will be made only with your consent, authorization or opportunity to object unless required by law. Without your authorization, we are expressly prohibited to use or disclose your protected health information for marketing purposes. We may not sell your protected health information without your authorization. We may not use or disclose most psychotherapy notes contained in your protected health information. We will not use or disclose any of your protected health information that contains genetic information that will be used for underwriting purposes.

**You may revoke the authorization,** at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

#### **YOUR RIGHTS**

The following are statements of your rights with respect to your protected health information.

You have the right to inspect and copy your protected health information (fees may apply) - Pursuant to your written request, you have the right to inspect or copy your protected health information whether in paper or electronic format. Under federal law, however, you may not inspect or copy the following records: Psychotherapy notes, information compiled in reasonable anticipation of, or used in, a civil, criminal, or administrative action or proceeding, protected health information restricted by law, information that is related to medical research in which you have agreed to participate, information whose disclosure may result in harm or injury to you or to another person, or information that was obtained under a promise of confidentiality.

You have the right to request a restriction of your protected health information - This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the Specific restriction requested and to whom you want the restriction to apply. Your physician is not required to agree to your requested restriction except if you request that the physician not disclose protected health information to your health plan with respect to healthcare for which you have paid in full out of pocket.

You have the right to request to receive confidential communications - You have the right to request confidential communication from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively i.e. electronically.

You have the right to request an amendment to your protected health information - If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures - You have the right to receive an accounting of disclosures, paper or electronic, except for disclosures: pursuant to an authorization, for purposes of treatment, payment, healthcare operations; required by law, that occurred prior to April 14, 2003, or six years prior to the date of the request.

You have the right to receive notice of a breach - We will notify you if your unsecured protected health information has been breached.

You have the right to obtain a paper copy of this notice from us even if you have agreed to receive the notice electronically. We reserve the right to change the terms of this notice and we will notify you of such changes on the following appointment. We will also make available copies of our new notice if you wish to obtain one.

#### **COMPLAINTS**

You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our Compliance Officer of your complaint. **We will not retaliate against you for filing a complaint.** 

We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. We are also required to abide by the terms of the notice currently in effect. If you have any questions in reference to this form, please ask to speak with our HIPAA Compliance Officer in person or by phone at our main phone number. Please sign the accompanying "Acknowledgment" form. Please note that by signing the Acknowledgment form you are only acknowledging that you have received or been given the opportunity to receive a copy of our Notice of Privacy Practices.

#### ACKNOWLEDGMENT OF OUR NOTICE OF PRIVACY PRACTICES

copy of M. N. SHAMSI, P.C. Notice of Privacy Practic acknowledgment that I have received or have had the Privacy Practices.	
Patient Name (Type or Print)	Patient's Date of Birth
Signature of Patient or Parent/Legal Guardian	Date

I hereby acknowledge that I have received or have been given the opportunity to receive a

# **Credit Card Pre-Authorization Form**

I authorize Muhammad Nadeem Shamsi, P.C to keep my signature on file and to charge the credit card selected below for the following:

J	<ul><li>□ This consultation only</li></ul>	r (s) is (are) resolv	ved not to exceed \$for:
	☐ All consultations this calend	lar year	
	☐ All consultations from	(date) to	(date)
	Recurring charges of \$		be charged every
			(frequency)
	☐ From(date)	to	(date)
	Charges for the following fam	ily members:	
	(authorized family member)		(authorized family member)
	(authorized family member)		(authorized family member)
Ch	neck One:		
	☐ Visa®		☐ American Express®
	☐ MasterCard®		☐ Discover Card®
Patien	nt Name:		
Cardh	older Name:	7	
Cardh	older Address:		
City:		State:	Zip:
Credit	Card Number:		Exp. Date:
Cardh	nolder Signature:		Date: